

OCTOBER


Plaza Elementary School District



Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cook's Choice	Fresh Baked Muffin	Breakfast Sandwich	French Toast	Cook's Choice

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3. No School	4. No School	5. No School	6. No School	7. No School
10. Corndog Tater Tots Fruit Choice	11. Bean & Cheese Burrito Corn	12. Orange Chicken Rice Broccoli	13. Pizza Green Salad Fruit Choice	14. Soup & Sandwich
17. Hamburger Gravy Mashed Potatoes Roll	18. Chicken Fajitas Refried Beans Fruit Choice	19. Spaghetti Green Salad Fruit Choice	20. BBQ Chicken, Roll, Corn, Fruit Choice	21. Soup & Sandwich
24. Chicken Patty/Bun Carrot sticks	25. Quesadilla Refried Beans Fruit	26. Mac & Cheese Green Beans Fruit Choice	27. Chicken Nuggets Mashed Potatoes Applesauce	28. Soup & Sandwich
31. Pizza Green Salad Fruit choice				

*Milk and fruit or juice served daily with Breakfast.
Menus are subject to change

**Variety milk and fruit served daily at Lunch.
October is National Pizza Appreciation Month.